HARTMAN CHARACTER PROFILE

Circle all of the traits that you see "show up" in the person being assessed.

A	B	C	D
decisive	intimate	peaceful	fun-loving
assertive	compassionate	tolerant	playful
action-oriented	sincere	kind	carefree
task-dominant	loyal	satisfied	enthusiastic
determined	thoughtful	even-tempered	optimistic
responsible	quality-oriented	agreeable	trusting
independent	well-mannered	patient	hopeful
logical	analytical	pleasant	happy
pragmatic	committed	accepting	charistmatic
disciplined	dedicated	easy-going	sociable
confident	emotional	good listener	forgiving
powerful	dependable	inventive	spontaneous
leader	respectful	considerate	outgoing
productive	deliberate	diplomatic	lively
proactive	nurturing	adaptable	positive

E	F	G	H
selfish	worry-prone	timid	uncommitted
insensitive	overly-sensitive	directionless	self-centered
arrogant	self-righteous	indecisive	disorganized
critical of others	self-critical	unmotivated	irresponsible
always right	unforgiving	silently stubborn	undisciplined
impatient	judgmental	lazy	vain
calculating	suspicious	lackluster	afraid to face facts
intimidating	unrealistic expectations	indirect	inconsistent communicator
bossy	perfectionist	avoids conflict	unfocused
demanding	low self-esteem	self-deprecating	interruptive
argumentative	hard to please	indifferent	disruptive
aggressive	moody	ambivolent	impulsive
tactless	guilt-prone	uninvolved	obnoxious
obsessive	jealous	unenthusiastic	naïve

Circle Which Type of Assessment:

Self on Self   Spouse/Child on Self   Friend on Self   Co-Worker/Boss on Self

CHARACTER PROFILE INSTRUCTIONS:

1. Complete a profile on YOURSELF, choosing all of the characteristics (positive AND "negative")
that you feel you currently portray TODAY.

2. Give a blank to profile to each of the following 3 types of people:
-Your Spouse or Child
-A Friend
-A Co-Worker or Supervisor

3. Collect the responses and analyze:
-Does everyone see the same traits? Why or Why Not?
-In which cases do you present your "Best Self"? In which cases do you present your "Worst Self"?
-Which traits are consistent across the board?
-Are you living authentically as your Primary Color (and therefore honoring your
Core Driving Motive)?

KEY TO PROFILE:
A, B, C, & D are STRENGTHS of each color
E, F, G, & H are LIMITATIONS of each color
A & E = RED
B & F = BLUE
C & G = WHITE
D & H = YELLOW

CHARACTERED =	Mostly display STRENGTHS in Primary AND Other Colors
HEALTHY =	Mostly display STRENGTHS in Primary Color
UNHEALTHY =	Mostly display LIMITATIONS in Primary Color
SICK/DYSFUNCTIONAL =	Mostly display LIMITATIONS in Other Colors

WHICH ARE YOU???